Having Our Say

The newsletter of SaySo, Strong Able Youth Speaking Out

Volume 16 Number 4 (12/30)

Become a Member!

If you are interested in joining **SaySo**, let us know! E-mail or write us with the following information: your name, birth date, and address (including e-mail), region and the kind of out-of-home placement you are or have been in.

Contact Information

SaySo, Inc. c/o ILR, Inc.

411 Andrews Rd., Ste. 140 Durham NC 27705 Phone: 800/820-0001 Fax: 919/384-0338

Web Site: www.saysoinc.org
Email: sayso@ilrinc.com

Board of Directors:

Desirea J. (Co-Chair) Reg 4
Desireajacobs87@yahoo.com
Isaiah J. R (Co-Chair) Reg 2
isaiahroberts96@yahoo.com
Tyshwinia L. (Secretary)Reg 5
Tyshawinia21@gmail.com
Tiffany C. (Treasurer) Reg 6
ColeTiffany14@gmail.com
Nicholas T. (Stg of Arms) Reg 2

Nickthomas48@gmail.com

James H. Reg 4

jgheverley@gmail.com Michael H. Reg 4

MichaelHolloway@gmail.com

Sarah M. Reg 6

Sarahmack2218@gmail.com

Tamia R. Reg 5

tamiaspeight@gmail.com

Antonio S . Reg 5 Rose T. Reg 3

Rosetucker813@gmail.com

Make A Difference Day

Make a Difference Day was a LARGE success.

Make a Difference Day, the largest national day of community service. On the fourth Saturday of October, millions of volunteers around the world unite in a common mission to improve the lives of others. SaySo, Inc. collected new/gently used duffle bags for children in foster care. These children and teens typically move into foster care and throughout the system with their belongings in trash bags. On Saturday, October 25, 2014 SaySo improve the lives of others. Congratulation SAYSO

*Thank you to our SaySo Board of Directors, SaySo Regional Assistants, & our Adult Supporters who attended. Your help made this day a great







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<u>Sayso will Celebrate our 17th</u> Birthday



We would like to say Happy Holiday!

SaySo Staff

Lauren Zingraff –
Executive Director
Gabrielle Foushee –
Program Assistant
Nancy Carter –
Contract Administrator

Alumni Staff are
throughout the
state please call for
contacts.

Upcoming Events

SAVE THE DATES.....

- •It's my transition -Saturday, February 13, 2015 in Mecklenburg county- the location TBD
- SAYSO SATURDAY SATURDAY, MARCH 6, 2015 AT GUILFORD TECHNICAL COMMUNITY COLLEGE IN JAMESTOWN.

DETAILS TO COME CHECK SAYSO WEBSITE

Get ready for winter....

- Flashlights and batteries
- Plenty of blankets.
- A safety kit for your car, consisting of shovel, sand or cat litter for traction, tire chains, booster cables, a cell phone, extra warm clothing or boots, an ice scraper, small tools, winter sleeping bag or blankets, snack food, water, flashlight with good batteries, matches and newspapers, games and toys, ziptop bags (for elimination if stranded), and a 12-volt adapter coil heater that can plug into the lighter to heat water.
- Salt for the roads
- Safe, radiant space heater
- Supplies of medication to last a few days at least.
- The phone numbers of older or disabled neighbors, just in case

